
Vermont Federation of Families for Children's Mental Health



Children's Mental Health Day 2019 Mini Grants

Children's Mental Health Week May 5th – 11th, 2019

National Children's Mental Health Awareness Day is Thursday,
May 9th 2019

**VFFCMH is offering six \$250.00 mini grants for Children's Mental Health Day
events across Vermont!**

Are you planning to celebrate National Children's Mental Health Awareness Day and Week to highlight the importance of positive mental health from birth?

VFFCMH would like to invite you to apply for a mini grant to help pay for your event. This year's Children's Mental Health Awareness Day theme is "Partnering in Health and Hope: Enhancing Resiliency in all Families":

To celebrate VFFCMH is hosting information tables in two locations:

Church Street Marketplace in Burlington

&

The Agency of Human Services Lobby in Waterbury

PO BOX 1577
600 BLAIR PARK ROAD, SUITE 160
WILLISTON, VT 05495
800-639-6071 * WWW.VFFCMH.ORG

Approximately 1 in 5 children in the U.S. have a mental health diagnosis and 5 million children and adolescents in the U.S. suffer from a serious mental illness that significantly impacts their daily life (NIH, 2016). Mental health is **essential** to overall health and well-being.

For over 25 years, VFFCMH has supported families of young children, youth, and young adults with emotional, behavioral, or mental health challenges in Vermont to find the services and supports they need to meet their goals at home, school, and in the community.

Through our work we know that:

- Serious emotional and mental health disorders in children and youth are real and treatable.
- Children and youth with mental health challenges and their families deserve access to services and supports that are family-driven, youth-guided and culturally appropriate.
- Values of acceptance, dignity, and social inclusion should be promoted throughout all communities for children, youth, and families.
- Family and youth voice are a valued asset in determining appropriate services and interventions.

Children's Mental Health Day is an opportunity to celebrate the positive impact that VFFCMH and other organizations have on the lives of Vermont children, youth, and young adults and emphasize how we can work together to help young children, youth, and their families thrive.



Children's Mental Health Awareness Week Mini Grants - \$250.00

The VFFCMH is issuing a request for proposals (RFP) for awareness activities and events across Vermont. Funded activities and events can range from positive social opportunities and community organizing to mental health awareness campaigns. Our goal is to assist and empower our communities to raise awareness of children's mental health and positively impact their communities and the system of care.



Application Process:

- **Applications will be accepted starting March 15th 2019.**
- **Application deadline is end of business day April 5th, 2019.**
- The proposal should contain the "who, what, when, where, and how" of the project/campaign/event(s) and a proposed budget.
- Funding decisions will be made by April 8th and checks will be processed and mailed by April 10th.

Other Information

- **All projects and activities must be completed by May 31, 2019 and advertised as part of Mental Health Awareness Month.**
- **Project evaluations must be completed and submitted by June 15th, 2019.**
- **Compensation checks will be written to organizations not individuals – Please include which organization the check should be written to and the address to send it.**
- We encourage regional organizations that support and advocate for children and youth's mental health to work together, as there are only six mini grants available.
- All project messages need to be positive and align with the VFFCMH's Children's Mental Health Awareness Week theme: "Partnering for Health and Hope: Enhancing Resilience in Every Family".
- This funding can be combined with other resources and funding.
- Applications can be submitted by email or regular mail
- **Priority will be given to projects held during Children's Mental Health Week May 6-10, 2019.**

Please submit applications to:

Cindy Tabor

The Vermont Federation of Families for Children's Mental Health

P.O. Box 1577, Williston VT 05495

Phone: (800) 639-6071 [ar](tel:8006396071)

ctabor@vffcmh.org



Children's Mental Health Awareness Month Mini Grant Application 2019

Project contact person:

Organization:

Phone Number:

Mailing Address:

Email address:

Dates of Activities (to be completed by May 31, 2019):

Objectives: Describe the project objectives. What do you hope to accomplish through this project?

Project Description: Provide a description of the project, how and where it will be implemented, and who you are partnering with to accomplish the project.

Budget: Please provide a proposed budget including what resources will be needed, approximate prices, purpose of the purchase, and in-kind contributions.

Make check out to: (Name and Address of the Organization)