

Bill of Rights

FOR ADULTS, YOUTH, AND CHILDREN WITH
BEHAVIORAL HEALTH CARE NEEDS AND THEIR FAMILY MEMBERS

1. I have the right to speak and to make decisions about my behavioral health care and/or my child(ren)'s emotional and behavioral health care.
 2. I have the right to know about the full range of promotion of wellness, prevention and treatment options available to me and/or my child(ren).
 3. I have the right to access this range of interventions regardless of my race, ethnicity, level of education, level of English proficiency, location, or insurance coverage.
 4. I have the right to know about and use healing practices within my own culture.
 5. I have the right to a provider who understands and respects my culture and can speak to me in my language.
 6. I have the right to ask for and access an advocate who can help me understand and exercise my rights and/or the rights of my child(ren).
 7. I have the right to plan for future crises, e.g. by preparing an advanced directive for when I might not be able to participate in decision-making about my own or my child(ren)'s treatment.
 8. I have the right to raise my own child(ren) regardless of my or their behavioral disabilities, and get the help I need to do so successfully.
 9. I and/or my children have the same rights to safety, non-discrimination, and social inclusion as any other individual.
 10. I have the right to set my own goals and/or to help set my child's goals, to expect that we reach our highest potential wellbeing, and for those providing me and/or my children with services to expect and reinforce the same.
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